


Welcome!



northwest

COMMUNITY CHURCH



R.

Luke 12:22-31

Then Jesus said to his
disciples:



A close-up photograph of a hand holding a white lily flower. The hand is positioned at the top of the frame, with fingers gently gripping the stem of the flower. The lily is in full bloom, showing its characteristic six petals and a yellow center. The background is softly blurred, suggesting an outdoor setting with other plants and light. The overall mood is serene and natural.

Luke 12:22-31

“Therefore I tell you,
do not worry about
your life, what you
will eat; or about your
body, what you will
wear. ²³ Life is more
than food, and the
body more than
clothes.

A close-up photograph of a hand holding a white lily flower. The hand is positioned at the top of the frame, with fingers gently gripping the stem of the flower. The lily is in full bloom, showing its characteristic six petals and a yellow center. The background is a soft, out-of-focus green, suggesting a garden or field. The lighting is natural, highlighting the texture of the petals and the skin of the hand.

Luke 12:22-31

24 Consider the ravens: They do not sow or reap, they have no storeroom or barn; yet God feeds them. And how much more valuable you are than birds!

A painting of a hand holding a white lily flower. The hand is positioned at the top, with fingers gently gripping the stem of the flower. The lily is in full bloom, with its petals spread out, showing a yellow center. The background is a soft, textured wash of colors, including greens and yellows, suggesting a garden setting. The overall style is impressionistic, with visible brushstrokes and a focus on light and color.

Luke 12:22-31

²⁵ Who of you by worrying can add a single hour to his life ?

²⁶ Since you cannot do this very little thing, why do you worry about the rest?

Luke 12:22-31

27 “Consider how the lilies grow. They do not labor or spin. Yet I tell you, not even Solomon in all his splendor was dressed like one of these.



Luke 12:22-31

28 If that is how God clothes the grass of the field, which is here today, and tomorrow is thrown into the fire, how much more will he clothe you, O you of little faith!



A close-up photograph of a hand gently holding a white lily flower. The hand is positioned at the top of the frame, with fingers slightly curled around the stem of the flower. The lily is in full bloom, showing its characteristic six petals and a yellow center. The background is softly blurred, suggesting an outdoor setting with other flowers and greenery. The lighting is natural, highlighting the texture of the petals and the skin of the hand.

Luke 12:22-31

²⁹ And do not set your heart on what you will eat or drink; do not worry about it.

³⁰ For the pagan world runs after all such things, and your Father knows that you need them.

Luke 12:22-31

31 But seek his kingdom, and these things will be given to you as well.



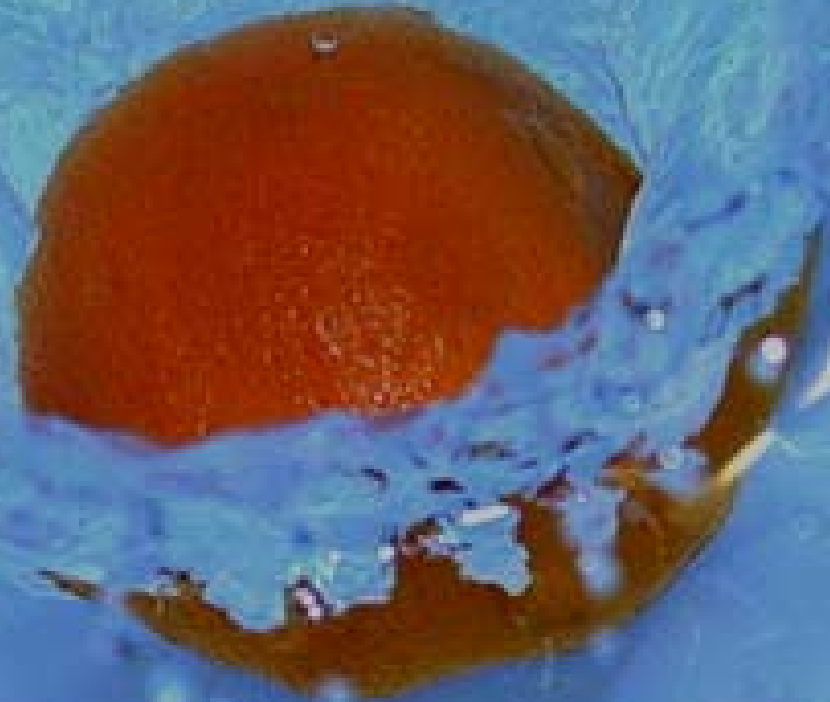


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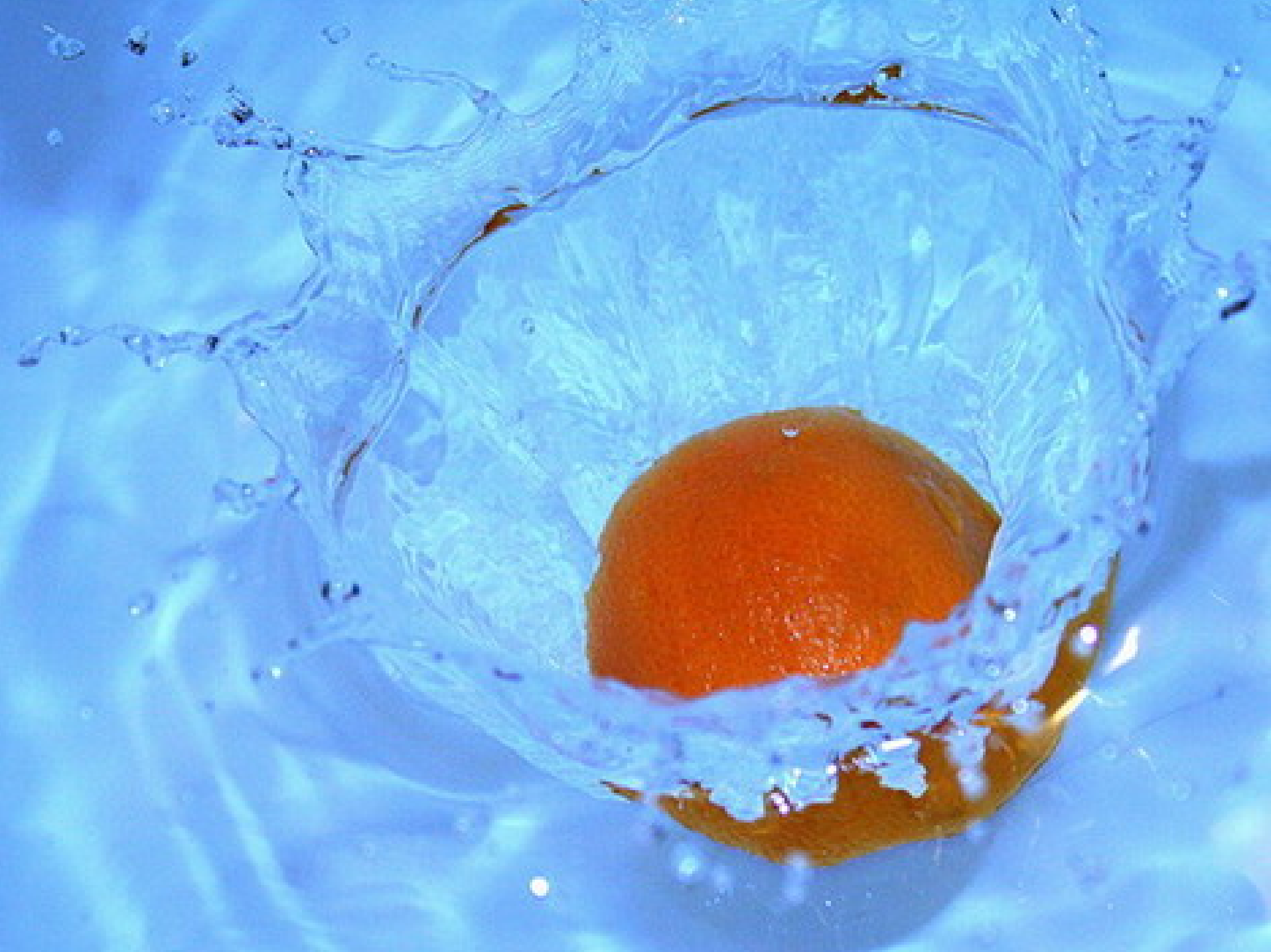
Memory verse:

Acts 3:19 Repent, then, and...



Memory verse:

Acts 3:19 Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord



“Refresh”



Messages that will refresh your life
right where you need it.

*"Teaching, like rain out of heaven,
showers of words to refresh and
nourish your soul..." Joel 2:23 MSG*

Q/ How do I stop being sick and tired?



God-Pick-Me-Up:

1. God loves fixing
“sick and tired”.



2. He knows exactly how I'm wired.

Ge 2:7 the LORD God formed the man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being. ...

⁹ And the LORD God made all kinds of trees... that were pleasing to the eye and good for food. ...

²⁴ a man will leave his father and mother and be united to his wife, and they will become one flesh.

3. Health affects me through and through.

1Th 5:23 May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ.

4. It really does matter what I do.

*1Co 6:12 “Everything is permissible for me”
—but not everything is beneficial.*

*“Everything is permissible for me”
—but I will not be mastered by anything.*

*¹³ ... The body is not meant for sexual
immorality, but for the Lord, and the Lord for
the body.*

5. The best thing
for my bod is
to give it to God.



Ro 6:13 ...offer the parts of your body to him as instruments of righteousness.

6. If I think worrying
helps, that's really odd.

*Lk 12:22 Then Jesus said to his disciples:
“Therefore I tell you, do not worry about your
life, what you will eat; or about your body,
what you will wear. ²³ Life is more than food,
and the body more than clothes.*

7. Our bodies will
ache, break, and
then they'll be great.



A/ Turn your bod to God
to rejuvenate.

